

English PBL



Level 2



Unit 1: Health

p. 3 – 16

Mission: Write a list and make a poster.

Method: *Work by yourself.*

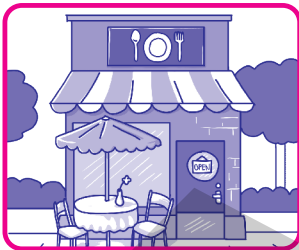


Unit 2: Space

p. 17 – 30

Mission: Write a report.

Method: *Work by yourself.*



Unit 3: Restaurants

p. 31 – 44

Mission: Make a menu and write a speech.

Method: *Work by yourself.*

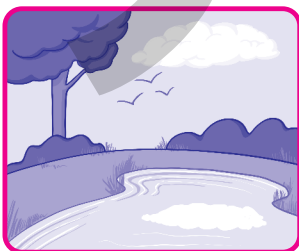


Unit 4: Technology

p. 45 – 58

Mission: Make an advertisement and write a speech.

Method: *Work by yourself or in a group.*



Unit 5: Environment

p. 59 – 72

Mission: Make a slideshow presentation.

Method: *Work by yourself or in a group.*

Welcome to PBL Level 2.

How to write a speech summary:

- A summary is a short collection of information from a long piece of writing. If you write a summary of your speech, you can present your speech more easily.

Example

Hello, everyone. I want to tell you about the Sumatran orangutan.
Sumatran orangutans are mammals. They are a kind of ape. They are usually about 160 centimeters tall. They have very long arms and red or orange body hair.

Sumatran orangutans are omnivores. They mostly eat leaves and fruit. But sometimes, they eat insects and meat. They are diurnal, and sleep for eight hours every night. They make nests and sleep in trees.

Sumatran orangutans live in forests in Sumatra in Indonesia. Scientists think there are about 13,000 Sumatran orangutans alive now. They have lost their habitats because people cut down the forests where they live. Also, some people hunt Sumatran orangutans for food or to keep them as pets.

We can protect Sumatran orangutans by protecting and growing new forests. We must also stop people taking orangutans for pets, because they should stay in their forest habitat.

Please help me save the Sumatran orangutans! Thank you.

Example

Speech Summary

Introduction: Hello, everyone. I want to tell you about an endangered animal that I researched, the Sumatran Orangutan.

- Speaking Points:**
- ① Mammal, kind of ape
 - ② Omnivores, leaves, fruit, insects, meat
 - ③ Diurnal, 8 hours, forests in Sumatra Indonesia
 - ④ Population: 13,000 Sumatran orangutans
 - ⑤ Lost habitats, hunt for food or as pets

Conclusion: We can protect Sumatran orangutans by protecting or growing new forests. Please help me save the Sumatran orangutans. Thank you.

The speaking points show short information about each idea.



You should say more than just the speaking point's information.

UNIT 1

Health



It is important to stay healthy. There are many simple things we can do to stay healthy, but sometimes people don't know about them. What can we do to live a healthy and happy lifestyle?

MISSION: Imagine you are a health advisor for your city. Create a list of ten tips to live a healthy lifestyle, then make a poster and present it.

METHOD: *Work by yourself.*

STEP 1		Brainstorm: Health Factors p. 4 <ul style="list-style-type: none">Think about the factors that affect our health and what things you do now to be healthy.
STEP 2		Brainstorm: Sleep p. 5 – 6 <ul style="list-style-type: none">Find out how much people should sleep every day and use a sleep diary to analyze your sleeping habits.
STEP 3		Research: Exercise p. 7 – 8 <ul style="list-style-type: none">Learn about the three types of exercise and analyze your exercise habits.
STEP 4		Research: Food p. 9 – 10 <ul style="list-style-type: none">Think about healthy and unhealthy foods and analyze your eating habits.
STEP 5		Research: Other Health Factors p. 11 – 12 <ul style="list-style-type: none">Think about other factors that affect our health and whether they are good or bad for our bodies.
STEP 6		Writing: Ten Tips for a Healthy Lifestyle p. 13 – 14 <ul style="list-style-type: none">Write a list of ten things you think people should do to have a healthy life.
STEP 7		Project: Ten Tips Poster p. 15 – 16 <ul style="list-style-type: none">Make a poster telling people about your ten tips, then present it to your class.



Brainstorm

Health Factors

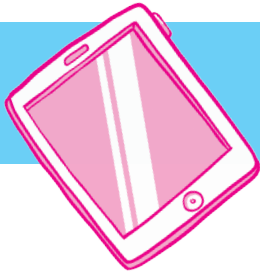
Some people are really healthy, but other people are not. Why is this? Can you think of ten factors that change our health?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Which factor do you think is the most important for us to stay healthy? Why?

Do you think you are a healthy person?
What things in your life make you healthy or unhealthy?


New Words: factor _____



Research

My Sleeping Habits

- Write a sleep diary for one week. Write the time you go to bed and wake up and then find your total sleeping time.



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
time you went to bed							
time you woke up							
total sleep time							

- ① Do you think your sleeping habits this week were good or bad? Why?



- ② Do you think any other factors affected the quality of your sleep?

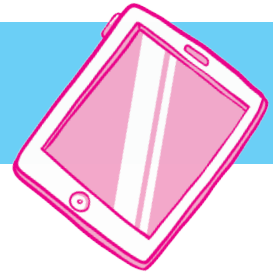


- ③ What can you do to improve your sleeping habits?



New Word: habit _____

Research



Exercise

- There are three main types of exercise: aerobic, anaerobic and flexibility. Do you know what these words mean?
- What are the benefits of each type of exercise? Write one example of each type.

Aerobic exercise: _____

Benefits: _____

Example: _____

Anaerobic exercise: _____

Benefits: _____

Example: _____

Flexibility exercise: _____

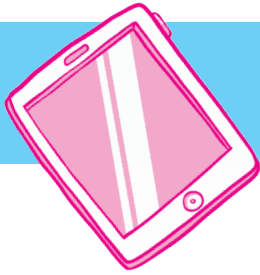
Benefits: _____

Example: _____

○ ① How many times should people exercise every week?

○ ② How long should people exercise each time?

○ ③ What type of exercise do you think is the most important?



Research

My Eating Habits

- ① Think about your diet. Write ten foods you usually eat. Then write a ✓ in the box if they are healthy, or a ✗ if they are unhealthy.



1. _____	<input type="checkbox"/>	6. _____	<input type="checkbox"/>
2. _____	<input type="checkbox"/>	7. _____	<input type="checkbox"/>
3. _____	<input type="checkbox"/>	8. _____	<input type="checkbox"/>
4. _____	<input type="checkbox"/>	9. _____	<input type="checkbox"/>
5. _____	<input type="checkbox"/>	10. _____	<input type="checkbox"/>

- ② Overall, do you think your diet is healthy or unhealthy? Why?



- ③ What can you do to improve your eating habits? Use the Internet to find two different things you can do.



① _____

② _____

Writing



Tips for a Healthy Lifestyle

- Using the information we researched about health factors from page 4 to 12, write five tips to teach people things they **should** do to live a healthy lifestyle.



1. I think people should _____

2. _____

3. _____

4. _____

5. _____

Project














Health Poster

Imagine you are a health advisor for your city. Make a poster of your ten tips to live a healthy lifestyle and present it.

- Use A4 color poster paper to make your poster.
- Write the five tips people should do on one half of the poster, and five tips people shouldn't do on the other half.
- Draw or print pictures of healthy and unhealthy things.
- Write your Summary on page 16 and use it to present your poster to your class.

Example

<u>Healthy</u>	<u>Tips for a Healthy Lifestyle</u>		<u>Unhealthy</u>
	<u>Should</u>	<u>Shouldn't</u>	
	1. _____	_____	
	2. _____	_____	
	3. _____	_____	
	4. _____	_____	
	5. _____	_____	
Name _____			

DEADLINE: I have to finish this project by: _____



Speech Summary



Introduction: _____



Speaking Points: • _____
• _____
• _____
• _____



Conclusion: _____

Feedback



Are you satisfied with your project? Why / Why not?



What do your classmates and teachers think about your project?

